Is LADB the right option for me?

To help you decide, we've put together a list of some of the pros and cons of being on LADB. Depending on your situation and priorities, some of these will be more important for you than others.

You can use the columns below to score which factors are most important for you.

Pros	Score
More convenience and greater flexibility	
Only having to go to the clinic once a month	
Not having to wait at the pharmacy or dispensing service	
Greater mental clarity and energy	
Less likely to use while on it (particularly on higher doses) – less exposure to risk of using while receiving medication or attending drug treatment service	
Less incentive or possibility of diversion (selling your meds)	
Level treatment – less of the ups and downs of daily dosing	
It's much easier to travel when on LADB	

Cons	Score
With other oral methadone and sublingual buprenorphine, you are the one putting the dose in your body. LADB is different as a health care worker will administer your depot.	
Monthly injections that are painful - some describe it as a bee sting, which passes in a few minutes. Some find it itchy.	
LADB is a new type of medication, so we are still learning about withdrawal symptoms but these may be easier to manage than methadone or sublingual buprenorphine.	
Some people reported being restless and having too much energy the first 48 hours after their injection	
Constipation (common side effect with other OAMT medications)	
Risk of waiting time to get injected at some clinics	
Less spontaneous access to social or psychosocial support of attending drug treatment service	