Title	LADB Client Literacy and Choice Course	
Trainer	Community-led trainer with lived experience of OAMT	It is helpful to have a trainer with direct experience of LADB but experience with methadone or sub-lingual buprenorphine is also transferable. In contexts new to OAMT then trainers may come from outside the country or the community-led trainer may draw on their experience of opioid dependence
Participants	OAMT doctors, nurses and other members of drug treatment team, peer workers, and research team	It helps the training to have people on OAMT among the participants. Some of these peers may receive more detailed role play training to support them to deliver the LADB Peer Education Intervention. The modelling of the Peer Education Tool in session 3 is chance for peer workers to show their colleagues their ability to constructively support client literacy and choice.
Context	This course was designed for delivery as the third day in an LADB training course where teams were being capacitated to introduce LADB as a new OAMT option.	
Learning Objectives	• To raise awareness of the importance of client literacy and choice as part of the introduction of LADB • To introduce participants to the range of client materials developed to support client literacy and choice	

LADB Client Literacy and Choice Course Programme (This course can be one-day with a wider LADB Technical Training on LADB/OAMT)		
1 Day	**Supporting informed client choice, treatment adherence, and positive change**	
9:30-11:00	**Medication and Treatment Model** OAMT frees people from the daily burden of opioid dependence. It reduces the risk of overdose, supports prevention and treatment adherence with HIV and HCV, and helps heal individuals and reconnect families. Community-led monitoring highlights the risks that overly intrusive and punitive treatment systems can undermine these values and leave clients feeling trapped in and resenting treatment. This session will explore what factors and principles make an OAMT system empowering so that it builds the political health capital of clients by offering client centred treatment that supports their chosen positive change goals.	OAMT Peer Trainer
11:00-11:30	Coffee break	
11:30-12:45	**Matching Medication to Motivation** Prochaska and DiClemente's Cycle of Change provides a map of the human change process. This helps practitioners match interventions to an individual's chosen treatment goal/s and their position in the Cycle of Change. Different OAMT medications fit with different treatment aspirations whether the client wants to stabilise or control their opioid use, stop using opiates and maintain on an OAMT medication, or to use OAMT to progress towards abstinence. This session will explore how practitioners / peer workers can explore client's positive change goals and match these with supporting medications and psycho-social support.	OAMT Peer Trainer
12:45-13:45	Lunch	
13:45-15:00	**Informed Client Choice in OAMT Treatment** This session will be based on a series of case studies of people with opioid dependence considering LADB. Small groups will review and discuss case studies. Volunteers will be sought to role play guiding each of the client case studies using the LADB peer education intervention supported by the LADB Client Guide. This help model the use of the peer education tool and provide practical examples of clients making informed choices around OAMT and the LADB study. • Introducing the LADB Client Guide and the LADB Peer Education Tool	OAMT Peer Trainer
15:00-15:30	Coffee break	

15:30-16:45	**Supporting Treatment Adherence** This session will explore the role of peer and practitioner support for clients going onto the LADB study. This will address support needs while preparing for and during transition to LADB, support with titration and redosing, offering support during opening weekly dosing phase - understanding the psychological exposure that can come during initial period of buprenorphine use, troubleshooting if problems occur, and building motivation and political health capital of clients.	OAMT Peer Trainer
16:45-17:00	Wrap-up of Day	OAMT Peer Trainer