Information sheet

Ketamine Training Products



Since 2013 we have seen a 200% increase in ketamine use and since 2010 26% of people who use ketamine report bladder issues. There is growing understanding about good practice from tailored harm reduction strategies to responding to k-cramps as an early intervention and care coordination to address ketamine dependence and bladder syndromes.

Coact has worked with leaders of the remarkable peer response to ketamine to develop three training products. They share technical learning, community experiences, and practice responses to ketamine. They are founded in lived experience and champion good practice.

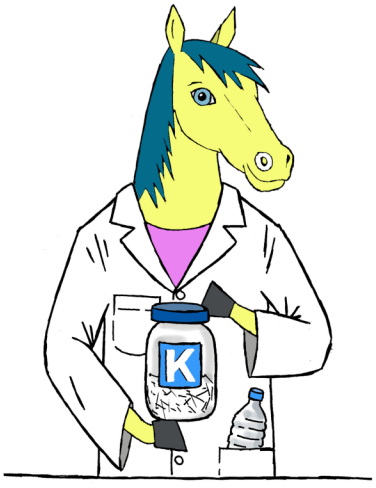


Area Learning and Development Events - *£1250 + VAT travel and accommodation*

A one-day event for 40 – 50 participants with 3 trainers. It provides a chance to bring stakeholders together from across the ketamine response so the whole system can technicality learn and plan together. Practice resources and tools will be shared during the course.

Drug Worker Training - *£1250 + VAT travel and accommodation*

A one-day event for 30 participants with 3 trainers that is more strongly focused on drugs work practice. Participants will be supported to look at the drugs work response to ketamine from harm reduction advice to assessment to key working those with chronic health issues. Exercises will help drug workers consider their role and opportunities for strengthening care pathways with other key stakeholders in the ketamine response.



Online Technical Support Sessions - *£500 + VAT*

Three two-hour virtual training sessions with two trainers. These are designed to capacitate busy teams responding to people who use ketamine but without the extra costs of hosting a physical event. The 3 sessions cover:

Session 1 – Understanding ketamine and ketamine harm reduction

Session 2 – K-cramps – warning signs and opportunity for early intervention

Session 3 – Ketamine bladder syndrome – supporting coordinated care